Yoga/Mindfulness Instructor - Self Contractor SUSAN J. MARTZ, LPC, MS.ED., NCC, RYT200 | October 2016-present Instructs yoga classes privately & has taught at Exton Yoga, Blue Buddha Healing Arts, Intercourse Yoga, Honey Brook Stables, and with Yoga Trade in Bocas, Panama. Holistic Psychotherapist - Private Practice SUSAN J. MARTZ, LPC, MS.ED., NCC, RYT200 | Lancaster & Honey Brook, PA | March 2018-present Provides therapy to teens and adults in my private practice utilizing CBT, person-centered, mindfulness, and EFT approaches. My specialty is in working with teens challenged with anxiety, depression, and identity development.