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| |  | | --- | | **Miss Jamie**  **Jamie Duke loves Zumba and is excited to teach Zumba to all those who want to have a great time while getting in some exercise during their busy lives.  Jamie has been involved with Zumba since 2009, when she started taking classes as a way to get in shape for her upcoming wedding.  Although walking into the first few classes was intimidating, she found the Latin and other World music addictive and a great way to work out without getting bored.  The new and different music and routines that were incorporated into the classes kept her coming back to Zumba week after week thorough many life changes. Having experienced Zumba through many different teachers has helped her to define what she likes in a Zumba class and how to make the class approachable to people of all levels of dancing abilities and experience. Zumba is the one exercise program that she has found to be a fun way to work out and want to come back to week after week.  Jamie has been a licensed member of the Zumba Instructors Network (ZIN) and teaching since 2015** | |  |
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